

Certificate

Mrs. Marcia Santos da Silva

born 14.02.1981 in Recife/Brasilien

has attended from 12th September 2013 to 10th September 2014 the training as an

International SPA Therapist

and has completed the course of studies successfully.

This course of instruction was carried out in combination with the vocational training to become a state recognized beauty therapist at the vocational school for cosmetics, Ursula Winiger, Karlsruhe, Germany (1,200 hours were completed).

The 550-hour qualification for the International Spa Therapist included aims and contents listed on the back of the certificate.

Karlsruhe, 10th September 2014

the cosmetic academy europe

School administration:

Ursula Winiger
the cosmetic academy europe
Röntgenstr. 8
76133 Karlsruhe
U. Winiger

The training consisted of all fields of classical beauty therapy which is meaningfully supplemented by the important operational fields of a CIDESCO SPA Therapist. These include:

THEORETICAL CONTENTS

SPAs worldwide	History, market, target*groups and terminology
SPA activity	Consultation, supervision, etiquette, sales and distribution
SPA facilities	Dry, moist and wet zone areas of work
Legal bases	Safety and hygiene requirements, regulations and rules
Salutogenesis	Health development and health capacity

PRACTICAL CONTENTS

SPA therapy	Development, overview and orientation
Balneology	Balneology in the prevention and code of practice
Hydrotherapy	Water use in the prevention and code of practice
Thalassotherapy	History and code of practice
Eastern Therapies	History, directions and code of practice
SPA Treatments	Hot stone and herbal stamp massages, Ayurveda, body exfoliation and masks, soft-pack treatment and body wrapping etc.
Flotation Therapy	Flotation concepts in theory

FURTHER EDUCATIONAL KEY ASPECTS

Business English	Communication with guests and staff SPA terminology and application training
SPA etiquette	Manners, courteousness and dress code
Practical instruction	Partly at day SPAs and thermal bath SPAs
Visit to the SPA convention	Interesting up to date topics of the industry
Guest lecturers'	Well-known personalities from the trade, complete the topics from a practical point of view
Educational events	German SPA days 2014, Baden-Baden Europe thermal bath, Karlsruhe Friedrichsbath and Caracalla thermal bath Baden-Baden